

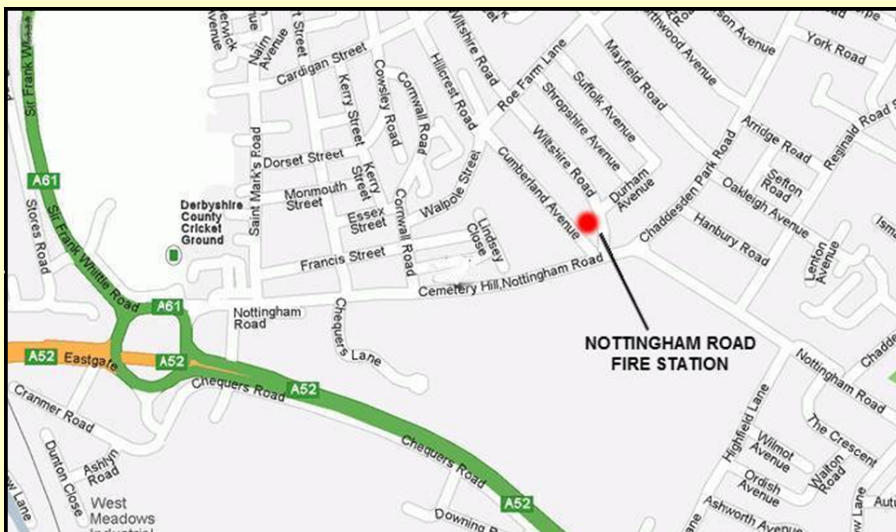
Derby Sands offers support, comfort and understanding to anyone affected by the loss of a baby before, during or after birth

We provide support via our telephone support line:

07864 984523

and also at our monthly support group meeting held:
Second Tuesday of each month : 7.30 pm — 9.30 pm

**Community Room, Nottingham Road Fire Station,
Nottingham Road
Chaddesden
Derby DE21 6FP**



14th Sep 2010	8th Mar 2011
12th Oct 2010	12th Apr 2011
9th Nov 2010	10th May 2011
14th Dec 2010	14th Jun 2011
11th Jan 2011	12th Jul 2011
8th Feb 2011	9th Aug 2011

“It was such an enormous relief to attend the support group and share my story with a small friendly group of people who had all been through a similar experience and therefore really understood how I felt. The group is informal and relaxed—we talk about anything and everything. We laugh, we cry and we share our thoughts and feelings. There is no pressure to talk at all and sometimes all you feel like doing is sitting quietly and listening. The group really is invaluable to me” - Lou, June 2009.

If you would like any further information regarding Derby Sands or are interested in attending the support group or would like to talk to someone else who has experienced the death of their baby then please telephone 07864 984523. You may call at any time and leave a message - one of us will ring you back as soon as possible.